

Memory log

A memory log is helpful for subsequent consultations or proceedings. If possible, it should contain facts and no personal assumptions.

⇒ Where did the incident happen?

⇒ When did the incident happen?

⇒ Who discriminated?

⇒ What exactly happened? Please write down the events as detailed as possible in chronological order.

⇒ How can discrimination be determined?

⇒ Who else was involved? Who can testify to what happened?

⇒ What evidence/proof is there?
